

## ASSOCIATION FOR THE WELFARE OF RETIRED PERSONS

(A National body of Retired Civilian Employees of the Federal Government)

# NEW VISTAS

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No. AWRP/AGM/28/2018

Dated: 06 January, 2017

## NOTICE

### 28<sup>th</sup> ANNUAL GENERAL BODY MEETING

The 28<sup>th</sup> Annual General Body meeting of AWRP will be held at 10.00 AM on Sunday 28 January 2018 in the Community Centre, Ibn-e-Sina Road, G-9/2, Islamabad. Agenda of the meeting is enclosed.

All Members are requested to attend the meeting, positively.



**(Ali Asghar Awan)**  
Secretary General

### All Members of AWRP

Note: Please bring your AWRP/CNIC Card with you

## **Executive Committee 2017-18 with Office Staff and Election Officer**



**1<sup>st</sup> Row:** Ali Asghar Awan, Muhammad Ilyas Khokhar, A.H. Qureshi, Sh. Farogh Naweed, Manzur Hussain, Akhtar Hussain Sabir, Moinuddin Siddiqui, Abdul Rauf Malik.

**2<sup>nd</sup> Row:** Saeed Haroon, Ch. Ikram ul Haq, Dr. Muhammad Abdhoo, Mukhtar Ahmed Bhatti, Agha Amir Ahmad, Nasim Akhter Qureshi, Ijaz Hussain Khawaja, Saifullah Khan, Ashfaq Ahmed.



**1<sup>st</sup> Meeting of the Executive Committee**

# EXECUTIVE COMMITTEE OF AWRP 2017-2018

<p><b>The President - Mr. Manzur Hussain (1141)</b>  <b>(Former Auditor General of Pakistan)</b>          House. 90, Street. 52, Sector I-8/3, Islamabad.          Ph: 051-4445945, Cell: 0300-5125847, 0301-3002000</p>	<p><b>Vice President -Mr. S. Farogh Naweed (785)</b>  <b>(Former Federal Secretary)</b>          House. 50, Street. 11, Sector F-11/1, Islamabad          Ph: 051-2294142, 2700407 Cell: 0300-8548944</p>	
<p><b>Secretary General:</b>  <b>Mr. Ali Asghar Awan (1289)</b>  <b>(Former Joint Secretary, M/o Minorities Affairs)</b>          House. 336, Street. 28, Sector, I-8/2, Islamabad          Cell: 0322-9856705</p>	<p><b>Joint Secretary:</b>  <b>Mr. Saifullah Khan (844)</b>  <b>(Former Dy. Secretary, M/o Religious Affairs)</b>          House No. 80/5-D, Street No. 32,          Sector F-6/1, Islamabad          Ph: 051- 2824134, 051-2298851          Cell: 0300-2198671</p>	
<p><b>Finance Secretary – Mr. Nasim Akhter Qureshi (1033)</b>  <b>(Former Controller, PBC)</b>          House No. 6/6-C, Street No. 5, Sector G-7/2, Islamabad          Ph: 051- 2890304, Cell: 0300-5122821</p>		
<p><b><u>EXECUTIVE MEMBERS</u></b></p> <p><b>Mr. Abdul Majid Qaiser (1004)</b>  <b>(Former Dy. Secretary, M/o Finance)</b>          Qrt. No. 116/4-E, Service Road,          Sector G-7/2, Islamabad          Cell: 0332-5044005</p>	<p><b>Mr. Abdul Rauf Malik (1288)</b>  <b>(Former Director General, M/o I&amp;B)</b>          House No. 258, Street No. 62,          Sector I-8/3, Islamabad          Ph: 051-4449504,          Cell: 0305-5400052</p>	<p><b>Mr. Agha Amir Ahmad (1256)</b>  <b>(Former Deputy Director, AGP)</b>          House. 308, Street. 77,          Sector, G-9/3, Islamabad.          Ph: 051-2853201 Cell: 0300-9800246,</p>
<p><b>Mr. A.H. Qureshi (144)</b>  <b>(Former Dy. Secretary, M/o Finance)</b>          House No. 1, Street No. 30,          Sector F-6/1, Islamabad          Ph: 051-2270830          Cell: 0333-5129760</p>	<p><b>Mr. Ijaz Hussain Khawaja (975)</b>  <b>(Former Director General, PCB)</b>          House No. 7-A, Park Road,          Sector F-8/1, Islamabad          Ph: 051- 9260680          Cell: 0333-5265322</p>	<p><b>Ch. Ikram ul Haq (1010)</b>  <b>(Former Deputy Director , PID)</b>          House No. 187, Street No. 9,          Sector-II, Khayaban-e-Sir Syed,          Rawalpindi          Ph: 051-4830339</p>
<p><b>Dr. Muhammad Abdhoo (906)</b>  <b>(Former Consultant Surgeon, Poly Clinic)</b>          House No. 35, Street No. 38,          Sector F-8/1, Islamabad          Cell: 0321-5009419</p>	<p><b>Mr. Mukhtar Ahmed Bhatti (691)</b>  <b>(Former Dy. Secretary (C.C), M/o Finance)</b>          House No. 709, Gali No. 74,          Sector G-10/4, Islamabad          Ph: 051- 2302277,          Cell: 0333-5120751</p>	<p><b>Chaudhry Munir Ahmed (1472)</b>  <b>(Former Director General, National Archives)</b>          House No. 764 (f.f), Street No. 25,          Service Road West,          G-9/1 Islamabad.          (Cell: 0322-5393347)</p>
<p><b><u>Co-opted Members</u></b>  <b>Mr. M. H. Shah (781)</b>  <b>(Former J.S, Ministry of labour &amp; Manpower)</b>          House No. 78, Street No. 6,          Sector G-8/2, ISLAMABAD          (Cell: 0303-5249914)</p>	<p><b><u>Co-opted Members</u></b>  <b>Sardar Wali ur Rehman (1398)</b>  <b>(Former Superintendent, M/o Law &amp; Justice)</b>          House No. 185-B, Street No. 17,          G-6/2 Islamabad.          (Cell: 0345-5274065)          (Tele: 051-2337393)</p>	

**SAEED HAROON OFFICE MANAGER AWRP, 0323-5041072**

Association for the Welfare of Retired Persons, Islamabad.  
 Community Centre, Ibn-e-Sina Road, G-9/2 Islamabad. Ph: 051-2256282. Website: [www.awrp.org.pk](http://www.awrp.org.pk)  
 Email: [association.awrp@gmail.com](mailto:association.awrp@gmail.com)

# **A G E N D A**

## **28<sup>TH</sup> ANNUAL GENERAL BODY MEETING** **(28 January 2018)**

**10:00 AM** Members registration at the Registration Desk

**11:00 AM** Recitation from the Holy Quran

**11:05 AM** Address by the President, Mr. Manzur Hussain

**11:10 AM** Presentation of Annual Report by the Secretary General, Mr. Ali Asghar Awan

- i. Approval of draft Minutes of 27<sup>th</sup> AGM
- ii. Audited Accounts of AWRP for 2016-17
- iii. Nomination of Masoom Akhtar & Co as auditors for 2017-18
- iv. Budget for 2018

**12:00 NOON** Amendments in the Constitution, resolution by Vice President, Sh. Farogh Naweef

**12:30 PM** *LUNCH*

**01:00 AM** Close of AGM

## **Secretary General's Report**

### **(Achievements 2017)**

**1) The Pakistan Senior Citizens Welfare Bill 2017:** The Executive Committee (EC) under its President have been continuously trying and pursuing the case of above mentioned legislation vigorously at all relevant fora and even with political leaders like Mr. Asad Umar, MNA from the Federal Capital. Similarly, the President delivered to Senator Ch. Tanvir Khan, mover of a private bill in Senate, Acts passed by the provincial governments in order to facilitate the passage of the bill. Reportedly, the bill was considered by the Senate Select Committee and presently the Ministry of Law and Parliamentary Affairs Division is redrafting the bill and hopefully sooner it will be moved as a Government bill.

The subject pertaining to senior citizens stands devolved to provincial governments as a result of 18<sup>th</sup> amendment in the Constitution. In this respect the provincial governments such as KPK and Sindh have taken the lead by enacting the necessary legislation while Punjab is seized with the assignment. Any way it is heartening that the Federal Government has taken cognizance of the matter though belatedly. The enactment will embody provisions for the benefit and facilities to the senior citizens.

**2) Achievements of the Executive Committee (EC):** Soon after the present EC was sworn in, it accelerated the programme of action for the welfare of pensioners with full vigor by mustering all the resources available to it. The following steps taken by the EC will vouch that EC has set a comprehensive exercise in motion which will bear fruits:-

**A. Grant in Aid of Rs. 5 million:**

- i. The President called on, the then Finance Secretary, Mr. Tariq Bajwa and made a request for one time grant in aid of Rs. 10 million for the Association. Despite national budgetary constraints, the Government accepted our request and sanctioned Rs. 5 million which amount now forms part of the accounts of Association. It is in no way a less achievement as it provided a substantial financial support to the Association.
- ii. The President AWRP met the Finance Secretary on 16-9-2017 and discussed the following points and submitted written presentations:-

**B) De-freezing of Medical Allowance:** Finance Secretary's attention was drawn to the orders regarding freezing of medical allowance for pensioners in 2011 as the step was retrograde and regressive resulting in great disadvantage to the aged pensioners, who require more medical care at advanced age and requested for restoration of original percentage of 20% and 25% of medical allowance for pensioners in BS-16-22 and BS 1-15 respectively with possible capping of upper limit if considered justified from the budget point of view.

The Secretary Finance, during his speech on the occasion of Family-get- together, in response to the request of President of AWRP, also made a commitment to look into the matter. President has again moved the Finance Division where the case is under consideration. We are expecting a positive outcome.

**C) Additional pension for aged persons:** In 2016 the Government announced 25% increase in the pension of those pensioners who had attained the age of 85 years. This, of course, is a laudable step but Government was requested that this dispensation was required to be rationalized on the lines of arrangements made by India which is reproduced hereunder:-

Age of pensioner/family pensioner	Additional quantum of pension
From 80 years to less than 85 years	20% of revised of basic pension/family pension
From 85 years to less than 90 years	30% of revised of basic pension/family pension
From 90 years to less than 95 years	40% of revised of basic pension/family pension
From 95 years to less than 100 years	50% of revised of basic pension/family pension
100 years or more	100% revised of basic pension/family pension

**D) Increase in family pension:** It was emphasized upon the Finance Secretary that the existing rate of 75% needs to be enhanced to 100% to alleviate the hardships of the families of the deceased pensioners and also to remove the discrimination as the Government servants who die while in service, their families have rightly been allowed 100% family pension. Further, in view of the life expectancy of both male and female in Pakistan being almost equal there will be negligible financial impact.

**E) Special Additional Pension for Family Pensioners:** It was observed that Family Pensioners are not being paid Special Additional Pension which is paid to all entitled pensioners. We examined the grounds on which it was stopped in the case of Family Pensions. We were of the opinion that the said grounds were legally untenable in as much as the relevant Article of the CSR has not been amended and this statutory rule remains inforce. We therefore have written to the Ministry of Finance to review their position and allow Special Additional Pension in all case of entitled Family Pensioners.

**F) Increase in Driver Allowance for retired BPS-22 Officers:** The Finance Division was requested to rationalize the monetized pay of the Driver of Rs.10, 000 for retired BPS-22 officers in as much as it was less than the minimum wage. The Govt has since increased the monetized pay of the Driver for retired BPS-22 officers to Rs. 14000 per month.

**G) Letter of Thanks to the Finance Secretary and the issue of the Identity Card for the pensioners:** The President has written a letter of thanks to the Finance Secretary for gracing the Family Get-together function as Chief Guest. It was hoped that similar patronage will continue in future. Taking this opportunity Finance Secretary's attention was drawn to the fact that with the introduction of direct payment of pensions, the PPO stands deposited with the AGPR, leaving the Pensioners without necessary identity. It was pointed out that the issue has remained under consideration of AGPR and CGA for a considerable time. The President pointed out that he had discussed the matter with the CGA office, which informed that the matter is now being dealt with by the Pension Reforms Committee set up in the

Ministry of Finance. The Finance Secretary was requested to direct the relevant wing of the Finance Ministry to deal with this matter of Identity Card on priority basis as there was a lot of concern in this regard amongst the pensioners.

**3) Reimbursement of medical charges for treatment in emergency at private hospitals/clinics:** The issue of re-imbursement of medical charges for treatment at private hospitals/clinics in Emergency has been duly provided in the Medical Attendance Rules, 1990 but the Procedure for Reimbursement of this expenditure introduced in 1993 left this issue deficient. The Association has written to CADD to incorporate this specifically in the Reimbursement Procedure issued in 1993 and also incorporate all other subsequent changes in the Reimbursement Procedure so as to make it self-contained, to facilitate the pensioners in seeking reimbursement of medical charges.

**4) Income-Tax exemption on Pensioners Benefit Account (PBA) and Behbood Saving Certificates (BSC):** The FBR issued a clarification that as per Article 7B, the beneficiaries are required to pay tax on these two Savings Schemes at the time of filing income tax return. This caused a lot of concern amongst the pensioners who have invested in these two schemes. The matter was brought to the notice of FBR functionaries that the clarification was anomalous. It is satisfying that the Finance Minister took cognizance of the issue and the FBR was directed to reconsider the matter. Accordingly, with the approval of the ECC the FBR has issued an SRO exempting these two Schemes from payment of income tax.

Another related matter was the ten years maturity of these two Schemes. It was brought to the notice of the Finance Secretary that the ten years maturity period was regressive and that the maturity of these two Schemes should be life long. The matter is at present under consideration of the DG National Savings for submission to Secretary Finance.

**5) Family get-together:** A family get-together was held on November 11, 2017 to provide an opportunity to the members and their families a place for social interaction. Secretary Finance graced the occasion as Chief Guest. The function was attended by the members and their families with great fervor and in large number. This was the first time that a function of AWRP received extensive electronic/ print media coverage.

Secretary Finance assured to look into the issues of defreezing the medical allowance and of amending the maturity period of ten years to make it life long on investment in Pensioners Benefit Account (PBA) and Behbood Saving Certificates (BSC). EC is maintaining a close contact with the Ministry of Finance in this regard.

Members were entertained with light music, the expenditure of which was borne by the members of EC by personal donations. For the first time in the history of AWRP, in order to encourage and recognize, the members, who excelled in their fields or rendered services for the welfare of pensioners, a scheme for award of Shields of Honor was introduced. The following members were awarded shield of Honour:-

- 1) Mr. Muhammad Abdullah Yusuf
- 2) Mr. A.H. Qureshi
- 3) Sh. Khurshid Hasan
- 4) Mr. Parvez Ahmad Butt

6) **Increase in membership of AWRP:** The present EC after taking over have made strenuous efforts to increase the membership. When it took over the total membership was 1445 while at present the strength stands at 1517.

7) **Signing of MOU with Nazriya Pakistan Council (NPC):** After protracted negotiations and consultations, we have succeeded in signing an MOU with NPC, a sister organization, for mutual co-operation and assistance. Among other provisions, the MOU allows AWRP to utilize the facilities of NPC including Auditorium.

8) **Provision of building for AWRP:** EC is mindful that office of the AWRP is not housed properly in the present building being short of requirement. We do not have the resources either to construct the building or hire a place for the purpose. Hence, DG Social Welfare was approached to earmark space for housing the office of AWRP in their proposed Community Complex in I-8 Sector (Markaz) where they have a plot allotted to them. It was impressed upon them that welfare of the pensioners is one of their functions/duties. Their response was favourable and they wanted exact requirement of AWRP for incorporation in their PC-1. We have done the needful and are looking forward for further progress in the matter.

9) **Meeting in the Regulation Wing of Finance Ministry:** The President accompanied by Mr. Agha Amir Ahmed member Executive Committee had a meeting in the Regulation Wing of the Finance Division (JS Regulations) on 15-12-2017 to ascertain the latest position of all the cases referred to them. The meeting was very productive and the position that emerged was as under:

- i. The issue of **identity card** for Pensioners was under active consideration of the Finance Division and they are in contact with NADRA. It was pointed out to them that instead of a centralized system, it would be proper if the Govt assigned the responsibility to all relevant departments to issue the Card as has been done by the Govt of the Punjab. They agreed that the proposal was more workable and that they would consider this and take a decision in this regard very shortly.
- ii. The suggestion of defreezing the medical allowance was being examined by the Regulation Wing with possibly withdrawing the act of freezing and payment of medical allowance as per percentages announced with capping of the maximum amount under different grades for budgetary considerations as suggested by the Association.
- iii. The proposals of increasing the percentage of family pension from 75% to 100% and introduction of different age brackets for aged pensioners as in vogue in India, would be given due consideration at the time of budget.
- iv. The Regulation wing would review their decision of stopping the payment of Special Additional Pension to all entitled Family Pensioners in the light of the grounds advanced by the Association.

JS (Regulations) stated that the proper time for processing of most of these proposals of the Association would be around budget time during May 2018 and suggested that a synopsis of these proposals should again be prepared and re-submitted in a meeting with the Finance secretary at the time of the next budget.

The President assigned this responsibility to Mr. Agha Amir Ahmed who would prepare the synopsis for all budgetary proposals impacting the Pensioners for re-submission to the Finance Secretary at the time of Budget. The JS further informed that the Prime Minister's Secretariat has since directed that all proposals concerning pay, pension and allowances having budgetary impact should be given due consideration at the time of the budget.

**10) Travelling Concession to the pensioners:** Letters were addressed to PIA, Daewoo Bus Service and Pakistan Railways to extend travelling concessions to the pensioners. While reply from others is awaited the Pakistan Railways has acceded to our request by granting 50% Concession in Rail fare in Economy Class and 25% Concession in all other classes in their letter no. C-II/3-2-CTZ-2009 dated 12-04-2017.

**11) Provision of Medical Facilities/test:** Through EC's endeavours, two new Hospitals namely 'My Clinic' and 'Kulsum International Hospital', Two Clinics 'Skin, Hair and Nail Care Clinic' Blue Area Islamabad, 'Orthopaedics Clinic', Blue Area Islamabad and One Lab 'Fatima Labs' have been added to the existing number which will provide concessional medical treatment/tests to the members of AWRP.

**12) Updating of Website of AWRP:** The website of AWRP has been updated to enable the members to have an access to the full profile of the AWRP and the activities of the EC relating to the welfare of members. This is a virtual facility provided to the members, who can download membership application forms, list of the members and of AWRP and can furnish any suggestion/proposals concerning the activities of AWRP through web portal. This will help in bettering the working of the Association. Besides, this facility will not entail the physical visit of members to the office as they can get into touch with the office through website.



(Ali Asghar Awan)  
Secretary General

**MINUTES OF THE 27<sup>th</sup> ANNUAL GENENRAL BODY MEETING  
OF THE ASSOCIATION FOR THE WELFARE OF RETIRED PERSONS (AWRP)**

The 27<sup>th</sup> Annual General Body Meeting of the Association for the Welfare of Retired Persons (AWRP), followed by the election of the Executive Committee, was held on 21 January 2017 at 10.30 AM in the Community Centre G-9/2 under the chairmanship of Mr. Manzur Hussain, President. About 275 Members of the AWRP attended the meeting. Mr. M. Amin Qureshi, EC Member, acted as the stage secretary.

2. The meeting started with recitation from the holy Quran by Hafiz Noor Muhammad. *Fatiha* was offered, particularly for Mr. Zahid Malik, Mr. Abdul Majeed Mufti, Dr. Tufail Ahmd Qureshi, and other Members of the Association who had parted with us since the last AGM. Prayers were also said for early recovery of the Members lying ill.
3. **Annual Report of the AWRP:** Mr. Ainuddin Siddiqi, Secretary General, presented the Annual Report of the Executive Committee, containing the major achievements of the Association during 2015-16. He also presented the following documents for information/approval of the AGM:
  - 3.1. Minutes of the 26<sup>th</sup>. AGM held on 31 January 2015.
  - 3.2. Audit Report of AWRP for 2015-16
  - 3.3. Nomination of Masoom Akhtar & Co as Auditors for 2017
  - 3.4. Budget for 2017-18.

Mr. Muhammad Raza Sabir, and F.I Qureshi, Members enquired about the difference between the last year and projected profit from the NSC to which it was explained that since an increase in the investment by the Association was anticipated, therefore a higher profit was projected to accrue.

4. **Resolution to appoint Patron:** Mr. G.A. Sabri, Vice President, moved a resolution to appoint a Patron of the Association, duly recommended by the Executive Committee in accordance with clause 9(e) ix of the Constitution. However, in view of the heated debate and heterogeneity of opinions, Mr. Manzur Hussain intervened and suggested that the appointment of Patron may be deferred till an appropriate time for action by the next Executive Committee. The mover thus, consenting to the advice of the President, withdrew the resolution.
5. **Self-introduction by the Contesting Presidents:** The prospective Presidents of the contesting groups were requested to introduce themselves and briefly present their manifestos to the Members. Mr. Manzur Hussain was therefore invited first to the rostrum, who gave an overview of the achievements of the AWRP during his tenure and explained that the Association has been trying hard to promote the welfare of the Members. He said that serving the retired community was a perpetual charity and should be carried out in the said spirit without expecting any worldly reward. He thanked the Members of the Executive Committee for extending their support and cooperation to him in the discharge of service to the Association. He also gave a detailed description of the manifesto of his group and expressed the hope that the Members would vote in favour of the best programme in the election of the new Executive Body. Thereafter, Mr. G.A. Sabri, the proposed Vice President, was invited who apologized on behalf of Mr. Abdul Ghafoor Mirza, the prospective President of the Progressive Group, who could not attend the meeting due

to an operation of his wife at Lahore. Mr. G.A. Sabri briefly presented their manifesto and hoped that the Members in their best wisdom would elect such persons as would serve them better. He further said that the past achievements were the result of collective efforts for which the credit goes to each Member of the Executive Committee. He expressed his best wishes for the new Executive Committee and assured it of the support of the Progressive Group since they believed in collective effort.

6. The meeting concluded with a vote of thanks to the Chair after which the Election Officer was called upon to conduct the election for the term 2017-18.

## **ELECTION 2017-18**

7. After taking over the dais, the Election Officer explained the election procedure and requested the Members to proceed to the designated polling booths to cast their votes.

7.1. The election process started at 12:00 Noon and continued till 03:00 P.M. The Election Officer supervised the proceedings in the presence of the nominated polling agents of both the groups. At the close of the balloting, the counting of votes was undertaken through a computerised programme for which special IT personnel had been engaged. After compilation and several iterations, the results were announced by the Election Officer at about 7.30 P.M. in the presence of all concerned.

7.2. In all 265 votes were cast while one vote was found as invalid, the overall turnover being 19 percent. The following Members were elected to various positions on the EC:

<u>Name</u>	<u>Post</u>
1. Mr. Manzur Hussain (1141)	President
2. Mr. S. Faroogh Naved (1164)	Vice President
3. Mr. Moinuddin Siddiqui (1000)	Secretary General
4. Mr. Ali Asghar (1119)	Joint Secretary
5. Mr. Ilyas Khokhar(1202)	Secretary Finance

### **Executive Members:**

1. Mr. Abdul Majid Qaiserani
2. Mr. Abdul Rauf Malik
3. Mr. Agha Amir Ahmad
4. Mr. A.H. Qureshi
5. Mr. Ijaz Hussain Khawaja
6. Ch. Ikram ul Haq
7. Dr. Muhammad Abdhoo
8. Mr. Mukhtar Ahmed Bhatti
9. Mr. Nasim Akhter Qureshi
10. Mr. Saifullah Khan



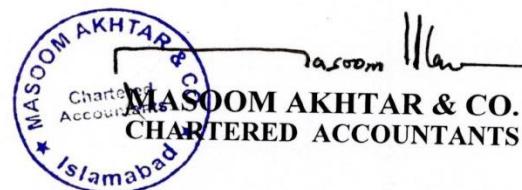
**(Ali Asghar Awan)**  
Secretary General

### **Auditors' Report to the Executive Committee**

We have audited the annexed balance sheet of **Association for the Welfare of Retired Persons (Regd.)** as at June 30, 2017, the related revenue and expenditure account and statement of comprehensive income together with the notes forming part thereof for the year then ended in accordance with the general practices of accounting and we report that:

We found the balance sheet of **Association for the Welfare of Retired Persons (Regd.)** as at June 30, 2017, the related revenue and expenditure account and statement of comprehensive income together with the notes thereof for the year then ended are in accordance with accounting policies consistently applied and are further in accordance with the books of accounts maintained by the management.

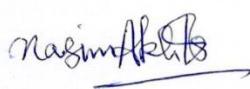
Place: **Islamabad**  
Dated: **09-01-2018**



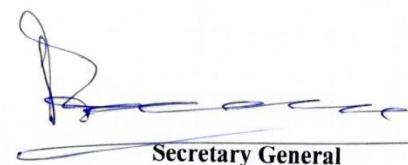
**Association for the Welfare of Retired Persons (Regd.)**  
**Balance Sheet as at June 30, 2017**

<b><u>Fund and liabilities</u></b>	<b><u>Note</u></b>	<b><u>2017</u></b> <b>(Rupees)</b>	<b><u>2016</u></b> <b>(Rupees)</b>
Accumulated fund		8,125,611	7,916,390
Revenue reserves		4,562,460	209,221
		<hr/>	<hr/>
<b>Current liabilities</b>		<b>12,688,071</b>	<b>8,125,611</b>
Audit fee payable		14,000	10,000
		<hr/>	<hr/>
<b>Contingencies and commitments</b>	<b>4</b>	<b>14,000</b>	<b>10,000</b>
		<hr/>	<hr/>
<b>Property and assets</b>		<b>12,702,071</b>	<b>8,135,611</b>
		<hr/>	<hr/>
<b>Non - current assets</b>			
Property and equipment	<b>5</b>	209,698	231,530
<b>Long term investment</b>			
Special savings account		7,240,000	7,240,000
<b>Current assets</b>			
Cash at bank - current account		5,000,763	501
- savings account		250,447	657,510
Cash in hand		1,163	6,070
		<hr/>	<hr/>
		5,252,373	664,081
		<hr/>	<hr/>
		<b>12,702,071</b>	<b>8,135,611</b>
		<hr/>	<hr/>

The annexed notes 1 to 7 form an integral part of these financial statements.



Finance Secretary



Secretary General

**Association for the Welfare of Retired Persons (Regd.)**  
**Revenue and Expenditure Account**  
**For the year ended June 30, 2017**

	<b>2017</b> <b>(Rupees)</b>	<b>2016</b> <b>(Rupees)</b>
<b>Revenue</b>		
Profit from NSC	529,973	1,030,890
Sponsorship	105,000	435,000
Government grant	5,000,000	-
Ordinary and annual membership fee	75,100	63,650
Others	34,340	64,000
Profit on bank deposits	16,173	19,839
	<b>5,760,586</b>	<b>1,613,379</b>
<b>Expenditure</b>		
Staff salaries and benefits	547,645	466,434
Functions and ceremonies	317,500	298,000
Withholding tax	97,609	187,077
Printing and stationery	97,854	108,153
Telephone	30,010	26,269
Postage and telegram	24,503	46,061
Audit fee	15,000	10,000
Travelling and conveyance	10,354	11,680
Entertainment	9,264	164,860
Miscellaneous	3,650	2,600
Bank charges	1,155	1,427
Advertisement	1,050	750
Repair and maintenance	700	5,414
Zakat	-	5,939
Generator diesel	-	1,000
AWRP website	-	19,900
Office renovation	-	45,819
Depreciation	41,832	40,775
	<b>1,198,126</b>	<b>1,442,158</b>
<b>Surplus for the year transferred to fund account</b>	<b><u>4,562,460</u></b>	<b><u>171,221</u></b>

The annexed notes 1 to 7 form an integral part of these financial statements.

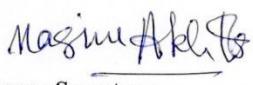
Masimul Haq  
**Finance Secretary**

Secretary General

**Association for the Welfare of Retired Persons (Regd.)**  
**Statement of Comprehensive Income**  
**For the year ended June 30, 2017**

	<u>2017</u> (Rupees)	<u>2016</u> (Rupees)
Surplus for the year	4,562,460	171,221
<b>Other comprehensive income</b>		
- Write back payable to AIIT	-	48,000
- Written off receivable from AIIT against UPS purchase	-	(10,000)
<b>Total comprehensive income for the year</b>	<u><u>4,562,460</u></u>	<u><u>209,221</u></u>

The annexed notes 1 to 7 form an integral part of these financial statements.

  
Masim Akbar

**Finance Secretary**

  
Secretary General

**Association for the Welfare of Retired Persons (Regd.)**

**Notes to the Financial Statements**

**For the year ended June 30, 2017**

**1. Organization and its objectives**

Association for the Welfare of Retired Persons was registered on February 03, 1990 under the Voluntary Social Welfare Agencies (Registration and Control) Ordinance, 1961 (XLVI of 1961) vide Registration No. VSWA/ICT/70 with the Registration Authority, Islamabad Capital Territory.

The main object of the association is to identify the collective and individual problems and difficulties of retired Federal Government employees including to examine from time to time pension with reference to prevailing cost of living and to represent before the appropriate authorities for redressal of inadequate and removal of injustice wherever noticed.

Further, to encourage (and wherever possible partially finance) the formation of clubs and libraries where retired persons can get together and engaged in healthy indoor recreation and reading.

**2. Statement of compliance and significant accounting estimates**

The principle accounting policies adopted in the preparation of these accounts are as follows:

**2.1) Statement of compliance**

These financial statements have been prepared in accordance with the approved accounting standards as applicable in Pakistan.

**2.2) Basis of measurement**

These accounts have been prepared under the historical cost convention without any adjustments for the effects of inflation or current values.

**2.3) Functional and presentation currency**

These financial statements are presented in Pakistan Rupees which is also the trust's financial currency. All financial information presented in Pakistan Rupees has been rounded to the nearest rupee.

**2.4) Use of significant estimates and judgments**

The preparation of financial statements in conformity with approved accounting standards requires management to make judgment, estimates and assumptions that effect the application of policies and reported amounts of assets and liabilities, income and expenses.

The estimates and associated assumptions are based on historical experience and various other factors that are believed to be reasonable under the circumstances, the results of which form the basis of making judgment about carrying value of assets and liabilities that are not readily apparent from other sources. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognized in the period in which estimates are revised if the revision effects only that period, or in the period of the revision and future periods if the revision effects both current and future periods.

Judgments made by management in the application of approved accounting standards that have significant effect on the financial statements and estimates with a significant risk of material adjustment in the next year are discussed in the ensuing paragraphs. 1

### 3. Significant accounting policies

The principal accounting policies which have been adopted in the preparation of these accounts are summarized below:

#### 3.1) Property and equipment

- i) Fixed assets are stated at cost less accumulated depreciation and impairment, if any;
- ii) Depreciation on operating assets is charged on reducing balance method;
- iii) No depreciation is provided on assets in the year in which these are sold and depreciation is charged for full year in the year of purchase;
- iv) Gain or loss, if any, on disposal of fixed assets is included in current years' income;
- v) Maintenance and normal repairs are charged to income as and when incurred. Major renewals and improvements are capitalized.

#### 3.2) Revenue recognition

Revenue and expenditures are recognized on actual receipt and payment basis.

#### 3.3) Financial instruments

Financial assets and financial liabilities are recognized at the time when the trust becomes a party to the contractual provisions of the instrument and assets and liabilities are stated at fair value and amortized cost respectively. The trust derecognizes the financial assets and liabilities when it ceases to be a party to such contractual provision of the instruments. Any gain or loss on derecognition of financial assets and liabilities are included in income currently.

#### 3.4) Cash and cash equivalents

Cash in hand and at banks are carried at fair value. For the purpose of cash flow statement, cash and cash equivalents consists of cash in hand and balance in bank.

### 4. Contingencies and commitments

There were no contingencies and commitments at the balance sheet date.

### 5. Property and equipment

Particulars	C o s t			Rate %	D e p r e c i a t i o n			W.D.V. As at 30.06.2017
	As on 01.07.2016	Additions/ (deletions)	As at 30.06.2017		As on 01.07.2016	For the year	As at 30.06.2017	
Computer and accessories	157,350	-	157,350	20	96,848	12,100	108,948	48,402
Office equipment	49,805	-	49,805	10	16,364	3,344	19,708	30,097
Furniture and fixture	159,520	20,000	179,520	15	21,934	26,388	48,322	131,198
Rupees - 2017	366,675	20,000	386,675		135,146	41,832	176,977	209,698
Rupees - 2016	146,142	220,533	366,675		94,370	40,776	135,146	231,529

### 6. Number of employees

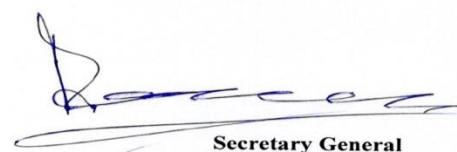
Total number of employees at year ended June 30, 2017 are 2 (2016: 2).

### 7. General

Figures in these accounts have been rounded off to the nearest rupee.



Finance Secretary



Secretary General

# Nomination of Masoom Akhtar & Co. Auditors



Secretary Finance  
Association for the Welfare of Retired Persons  
Community Centre, Ibn-e-Sina Road,  
Sector G-9/2,  
**Islamabad**

Ref: AWRP/111/2018  
Date: January 08, 2018

Dear Sir,

Subject: **Consent to act as auditors**  
**For the year ended June 30, 2018**

We are pleased to give our consent to act as auditors of **Association for the Welfare of Retired Persons** for the financial year ended on June 30, 2018. Our professional charges to carry out the audit assignment shall be Rs. 15,400/=.

Regards

  
**MASOOM AKHTAR & CO.**  
CHARTERED ACCOUNTANTS

## Proposed Budget AWRP 2018

Particulars	Actual for 2017 (Rupees)	Budget for 2018 (Rupees)
<b>INCOME</b>		
Annual Membership Fee	75,100	80,000
Sponsorship Income/Grant	5,105,000	100,000
Profit on Bank Deposits (P.a)	16,173	20,000
Profit From NSC (P.a)	529,973	800,000
Other Income	34,340	60,000
<b>Total</b>	<b>5,760,586</b>	<b>1,060,000</b>
<b>EXPENDITURE</b>		
Salary and Wages/Honoraria	547,645	650,000
Telephone	30,010	31,000
Computer and Accessories	-	5,000
Furniture and Fixtures	20,000	30,000
Printing and Stationery	97,854	100,000
Entertainment *	9,264	10,000
Function and Ceremonies	317,500	350,000
AGM Hall Booking	-	7,000
Withholding tax	97,609	100,000
Audit Fee	15,000	15,400
Advertisement	1,050	2,000
Crockery	-	5,000
Bank Charges	1,155	5,000
Postage and Telegram	24,503	30,000
Repairing and Maintenance	700	3,000
Travelling and conveyance	10,354	12,000
Website Expenses	-	20,000
Misc.	3,650	5,000
<b>Total</b>	<b>11,76,294</b>	<b>1,378,400</b>
<b>Saving (Income-Expenditure)</b>	<b>4,584,292</b>	<b>(318,400)</b>

**\*Note:** Entertainment expenditure is being preserved because EC meeting expenditure on tea, biscuits etc is from the contribution by its members from time to time.

## **RESOLUTION FOR AMENDMENTS IN THE CONSTITUTION OF AWRP.**

The EC in its several meetings thoroughly considered the Constitution of AWRP and arrived at a well thought out decision that certain amendments are warranted with a view to removing some anomalies, make clarifications and delete provision imposing embargo on seeking re- elections to the post of office bearers for more than two consecutive terms which, *prima facie*, does not appear to be logical. The proposed amendments are submitted hereunder for approval by AGM.

1. In Article 2 after the words “Federal Government” appearing in line no. 2 the words, “and other Agencies” may be added.
2. In Article 5 (a) (1) after the words “Federal Government” the words, “and other agencies” may be added.
3. In Article 9(a) the sentence “However the office bearers i.e. the President, the Vice President, The Secretary General, the Joint Secretary and the Secretary Finance shall not be re-elected for more than two consecutive terms, on the same post.” may be deleted.
4. In Article 9 (e), (ix) the word ‘five co-opted’ members may be substituted with “two coopted members”.
5. In Article 10 (d) the phrase appearing in the 1<sup>st</sup> and 2nd line, “shall be reckoned from 1<sup>st</sup> of July to the 30<sup>th</sup> of the following June”, may be substituted with “shall be reckoned from 1<sup>st</sup> January to the 31<sup>st</sup> of December of the same year”.
6. In Article 13 under definitions after (d) the following may be added as (e) “Other Agencies mean the Corporate bodies and companies of the Federal Government” and (e) may be numbered “f” and “(f)” as “(g)”.
7. Under Article 13(i)(ii) and (iii) after the phrase “under a specific law etc”, “and of other Agencies” may be added.

The President, Association for The Welfare of Retired Persons (AWRP) took up the matter with the Ministry of Finance the issue of those pensioners who would attain the age of 85 years **after 1-7-2016** and whether this would apply also apply to family pensioners. A positive reply from the Ministry of Finance was received. Finance Ministry's letter in this regard is reproduced below for our readers/pensioners benefit:

Government of Pakistan  
Finance Division  
(Regulation Wing)

No. F-4(1)-Reg.6/2016-1082  
Mr. Manzur Hussain,  
President (AWRP)  
Community Centre, G-9/2,  
Ibne-Sina Road, Islamabad

Subject: **INCREASE IN PENSION OF PENSIONERS WHO ARE 85 AND MORE YEARS OLD**

Dear Sir,

I am directed to refer to **Association for the Welfare of Retired Persons** (Regd) letter No.AWRP-1-15/16 dated 10 August 2016 on the above and to state that reply of the Finance Division on the clarification raised by the Association is as under:

<b>Query</b>	<b>Reply</b>
Whether increase in pension@25% is also increase in pension	According to para 2 of F.D. 's O.M.No.4(1).Reg.6/2016-870 dated 1st July, 2016 Government has allowed increase in pension @25% instead of 10% to all pensioners of Federal Government including civilians paid from Defence Estimates as well as retired Armed Forces, who are 85 years old or more in their net pension W.e.f. 1-7-2016, According to para 7 of this Division's O.M. dated 1 <sup>st</sup> July, referred to above, <u>this increase will also be admissible on family pension granted under the pension-cum-Gratuity Scheme 1954</u> , Liberalized pension Rules 1977, on pension sanctioned under Central Civil Services (Extra Ordinary Pension)Rules as well on compassionate Allowance under CSR-363
Admissible to the family pensioners	

Whether increase in Pension @25%is also Admissible to the Pensioners who would Attain the age of 85 Years subsequently after 1-7-2016

Yes .as above

Yours faithfully,

SD (Muhammad Khalid)

Section Officer (Reg.6)

## **Health Tips**

Pensioners should be extra careful about fat bellies as these destroy not only there appearance but also impose extra pressure on the function of their, kidneys and other vital organs. The bellies can be reduced by regulation of food habits that include taking the following vegetables and fruits:

i. **Tomatoes:**

Tomatoes tend to lower high cholesterol level, control blood sugar and help prevent colon cancer. They are rich in vitamin C, potassium, niacin and folic acid. Mixed chopped potatoes with onion and salt reduce obesity. Tomatoes also help remove extra water from the body.

ii. **Red chili pepper:**

It has vitamins A and vitamin B 6, potassium and iron. Chilies also lower the risk of diabetes and help in maintaining healthy skin.

iii. **Cucumber:**

Fresh cucumber helps in flushing out toxins from the body. Their dietary fibre lowers cholesterol, improves metabolism and restrains sugar from converting into fat. Low contents of sodium make cucumbers a healthy food.

iv. **Garlic and ginger:**

These guarantee a healthy digestive system with positive effect on oesophagus, stomach, colon and rectum and also kill harmful bacteria. Garlic and ginger helps in flattening the tummy .Ginger is anti- inflammatory and anti- nausea. It also contains an enzyme which helps digest proteins.

v. **Peppermint:**

Its leaves help the digestive system. Peppermint leaves in tea or in boiled water taken during morning will help in attaining healthy skin and flat tummy.

vi. **Cinnamon and honey:**

One spoonful of pure honey and one spoonful of cinnamon powder mixed with a cup of warm water and taken every morning will do wonders. It will control cholesterol level as well as regulate blood sugar .It will also fight obesity.

vii. **Papaya and Pineapple:**

Papaya aids in digestion and flattens the belly .The sugar contents and digestive enzyme in pineapple provides relief to heart burn and reduces the feeling of hunger for hours. Pineapple also helps resist junk food.

viii. **Black pepper:**

Black paper is an excellent fat burner. It makes food tasty and stimulates secretion from taste buds, thus improving the process of digestion.

ix. **Lemon and grape-fruit:**

Lemon contains citric acid which helps in the functioning of digestion. It controls the blood sugar and reduces the blood cholesterol level. Thus it helps in fat reducing .Grape-fruit is high on enzyme and burns fat. It is an ideal fruit for increasing metabolism and losing weight.

## **OBITUARIES**

Name	Retired as
Mr. Abdul Majid Mufti	Secretary
Mr. Farhat Hussain	Secretary
Dr. Tufail Ahmad Qureshi	D.G.
Mr. Zahid Malik	Joint Secretary
Mr. M. A. Farooqi	Dy. Secretary
Mr. F.R. Qureshi	Joint Secretary
Mr. Khalique Ahmad Khan	Sr. Joint Secretary
Wife of Mr. Parvez Ahmed Butt Former President, AWRP	

**May Allah Almighty's Mercy be upon all of them who have gone through this phase of 'Intakaal' and let us all be on the path of Allah SWT for our eternal salvation. Ameen. Ya Rabul Alameen !!!**

Blood Pressure Chart by Age			
Age	Min	Normal	Max
<b>1 to 12 months</b>	75/50	90/60	110/75
<b>1 to 5 Years</b>	80/55	95/65	110/79
<b>6 to 13 Years</b>	90/60	105/70	115/80
<b>14 to 19 Years</b>	105/73	117/77	120/81
<b>20 to 24 Years</b>	108/75	120/79	132/83
<b>25 to 29 Years</b>	109/76	121/80	133/84
<b>30 to 34 Years</b>	110/77	122/81	134/85
<b>35 to 39 Years</b>	111/78	123/82	135/86
<b>40 to 44 Years</b>	112/79	125/83	137/87
<b>45 to 49 Years</b>	115/80	127/84	139/88
<b>50 to 54 Years</b>	116/81	129/85	142/89
<b>55 to 59 Years</b>	118/82	131/86	144/90
<b>60 to 64 Years</b>	121/83	134/87	147/91

## Laboratory Reference Ranges in Healthy Adults

The values listed below are generalizations. Each laboratory has specific reference ranges.

### Electrolytes

- Creatinine: 0.8-1.3 mg/dL
- Blood urea nitrogen: 8-21 mg/dL
- Glucose: 65-110 mg/dL
- Uric acid: 0.18-0.48 mmol/L

### Vitamins

- Vitamin A: 30-65 µg/dL
- Vitamin B12: 130-700 ng/L
- Vitamin C: 0.4-1.5 mg/dL
- Vitamin D: 5-75 ng/mL

### Hematology

- Hemoglobin: 13-17 g/dL (men), 12-15 g/dL (women)
- Hematocrit 40%-52% (men), 36%-47% (women)
- Glycosylated hemoglobin 4%-6%
- Mean corpuscular volume (MCV): 80-100 fL

### Gastrointestinal function

- Albumin: 35-50 g/L
- Alkaline phosphatase: 50-100 U/L

### Lipids

- Triglycerides: 50-150 mg/dL
- Total cholesterol: 3-5.5 mmol/L

### Hormones

- Thyroxine-binding globulin: 12-30 mg/L
- Thyroid-stimulating hormone (TSH): 0.5-5 mIU/L

### Acid base

- pH: 7.35-7.45

## **Signing Ceremony of MOU with Nazriya Pakistan Council (NPC) regarding mutual cooperation, held on 2<sup>nd</sup> January, 2017**



**Front row: Ali Asghar Awan, Manzur Hussain, Sh. Farogh Naweed, Dr. Naeem Ghani, Gohar Zahid Malik.  
2<sup>nd</sup> Row: Ch. Zaheer, Saeed Haroon, Abdul Rauf Malik.**

## **ELECTION 2017**



# BOOK POST/PRINTED MATTER

## ASSOCIATION FOR THE WELFARE OF RETIRED PERSONS

(A NATIONAL BODY OF RETIRED CIVILIAN EMPLOYEES OF THE FEDERAL GOVERNMENT)



## NEWS LETTER

IV. Quarter 2015

Regd. No ID-269

(Under Postage Certificate)

TO:

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Stamp

If undelivered, please return to:

**Association for the Welfare of Retired Persons (AWRP)**  
**Community Centre, Ibn- e -Sina Road, G-9/2 Islamabad.**  
**Telephone: 051-2256282**